

massage

At Blue Sage Spa, we pride ourselves on hiring the most highly skilled and experienced massage therapists in the Rocky Mountains. We offer a wide variety of massage styles, from Swedish massage to Pregnancy Massage.

30 minutes	\$70	60 minutes	\$120	80 minutes	\$165
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Deep Tissue Massage

30 minutes \$75 **60 minutes** \$135 **80 minutes** \$185

Cupping

Add a 15-minute cupping session to any massage. This massage enhancement incorporates suction to aid in myofascial release and deeply relaxes muscle tension **\$35**

specialty massages

Couples Massage

Relax and unwind together in our couple’s massage room. This intimate setting offers two massage tables, two therapists and one very relaxing atmosphere.

30 minutes	\$140	60 minutes	\$240	80 minutes	\$330
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Pregnancy Massage

Massage therapy during pregnancy is a wonderful choice for prenatal care. It reduces stress and promotes overall wellness.

30 minutes	\$70	60 minutes	\$120	80 minutes	\$165
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Hot Stone Therapy

An ancient treatment using hot and cold stones to create a state of deep relaxation and healing in the body. This therapeutic massage treats the whole body, mind and spirit.

60 minutes	\$140	80 minutes	\$185
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***also available as a couples treatment**

Energy Balancing Gemstone Massage

Rose quartz is said to promote love in the body; love for self and love for others. Relax and take in the healing power of the gemstones as you are lightly massaged with these warm stones. The crystals help with blocked energy on a vibrational level to help bring your body and energy level back into balance.

60 minutes	\$140	80 minutes	\$185
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Ashiatsu Therapy

This therapy is a must try for the savvy spa goer. The flowing, smooth and continuous technique done with the therapist’s feet and is perfect for the person with chronic back pain and scoliosis.

60 minutes	\$145	80 minutes	\$190
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Sports Massage

Increased circulation and maximum mobility are the focus of this classic sport-styled massage. Jack Black’s Dragon Ice pain relieving cream is used on the body which contains a blend of botanical ingredients. It is a great spot treatment to soothe minor backaches, sprains, soreness due to a workout, arthritis, and to relieve tense muscles due to stress. This massage is perfect for athletes or if you have had a long day of playing.

60 minutes	\$140	80 minutes	\$185
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The Mountain High Massage

Cannabidiols (CBD’s) is the non-psychoactive compound derived from the hemp plant used legally and safely to relieve tension throughout the body. Soothe cramping, ease headaches, calm the digestive system, improve sleep and reach an incredible state of relaxation with the use of CBD oils and lotions. This is a great way to experience the healing effects of hemp without the high of marijuana.

60 minutes	\$140	80 minute	\$185
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spa packages

Packages below reflect a 10% discount and include a 20% gratuity.

Simple Sage

One hour massage, Blue Sage facial. **2 hours** **\$280.50**

The Blissful Body

One hour massage and a one hour body treatment of your choice.
2 hours **\$275** additional charge for bronzing application *add-on*

Afternoon Delight

One hour massage, Blue Sage Facial, One hour body treatment.
3 hours **\$423.50**

Peaceful Journey

An eighty minute Gemstone massage and an eighty minute Gemstone facial.
2.5 hours **\$423.50**

Design a Personal Package

and we will take 10% off the total price and add a 20% gratuity.
MUST BE 2 or more hours to receive discount

Now serving
wine
&
champagne!



oxygen therapy

Blue Sage Spa is now offering oxygen therapy that may help alleviate some altitude sickness, hangovers, and fatigue. Don’t let the elevation get you down, breathe in the oxygen and enjoy your vacation.
30 minutes **\$35** **add onto any service or walk in**

Most retail products are available on our website at:

www.bluesagespa.com

Cancellation Policy: Your treatment has been reserved especially for you. As a courtesy to our guests please notify us 24 hours in advance to avoid being charged in full. Thank you for your consideration.

COVID Restrictions: Due to local/state COVID restrictions, some services and amenities may not be available. Call for details.

Prices subject to change without notice.

Gift Certificates are available. (no refunds on Gift Certificates)

All major credit cards accepted.

massage enhancements

more, more, more... we all want more!

- **Oxygen:** Coming from low elevation? Do yourself a favor and oxygenate yourself. **30 minutes add \$35**
- **Deep Tissue:** Get more pressure and more specific body work. **30 minutes add \$5** **60 minute add \$15** **80 minute add \$20**

add even MORE to your treatment today with any of the below services

- **DoTerra Aromatherapy:** We offer a range of essential oils to elevate your massage Add to any massage for **\$10**
- **Body Nourishment:** Get extra hydration with the use of a luxurious shea or coconut butter in your service **\$20**
- **Hot/Cold Stones:** Use of hot and cold stone, on the body can reduce inflammation and aid in relaxation **\$20**
- **Mountain High:** Uses CBD and arnica oil to gain a deeper state of relaxation **\$20**
- **Pain Relieving Cream:** incorporates Jack Black’s Dragon Ice Pain Relieving Cream to soothe aches, pains, and muscle tension **\$20**
- **Scalp Treatment:** Uses Éminence Wildflower Oil to hydrate and revitalize the scalp and hair
- **Hand or Foot Treatment:** Includes exfoliation and deep moisturizing for the hands and feet

the following require 15 extra minutes for \$35

- **Cupping:** Incorporates suction to aid in myofascial release, to get more out of your massage



*Because You Deserve
The Best*

**224 South Main Street
Breckenridge, CO**

970.453.7676

www.bluesagespa.com

facials

Blue Sage Facial ~ Organic Cleansing & Moisturizing
The exclusive Blue Sage Facial uses fresh natural ingredients to impart healthy, beautiful skin. Let the aromas treat your senses while the highly active products detoxify, stimulate, and firm your skin. Feel the difference that organic nutrients make. The esthetician will pamper the face, neck, décolleté, and hands during the one hour treatment. This facial is customized for individual facial needs.
60 minutes \$135

Gentleman's Facial
A customized Blue Sage facial. **60 minutes \$135**

Blue Sage Express Facial
A mini facial designed to cleanse, tone, and brighten the skin. The perfect addition to any massage or body treatment. Extractions not included.
30 minutes \$75

Replenishing Youth ~ Anti Aging Repair
This revolutionary facial will truly change the appearance of your skin in just one application. Vitamin C, glycolic acid and gentle but highly active enzymes speed up cellular turnover. A cocktail of pharmaceutical grade ingredients immediately drench the skin to tighten, lighten, and brighten. Microcurrent is incorporated for facial contouring, toning and firming of aging skin. Microcurrent is a low-level current that mimics the body's natural current and can provide both instant and cumulative results.
75 minutes \$170

Be Clear Purifying Facial ~ Purifying
Specifically designed for oily and blemished skin. We use products to exfoliate, detoxify, and nourish your skin. **75 minutes \$165**

Gemstone Facial ~ Gemstones and aromatherapy
Relieve facial tension and stimulate lymphatic drainage with the use of gemstone rollers and Gua Sha stones. Your skin will look fresh, firm and lifted. Good for all skin types.
80 minutes \$200

Dermaplaning
Make healthier and more luminous skin a reality with dermaplaning. A trained esthetician exfoliates the epidermis manually by gently scraping away dead skin along with fine facial hair. Your skin will be brighter, smoother and your skincare products will be more effective.
45 minutes \$125 add 30 minute facial \$180

Dermaplane and HydraFacial **90 minutes \$285**

Pumpkin Peel
Brighten up with our new lunchtime pumpkin peel. This active treatment will awaken and brighten your skin leaving your skin glowing for weeks.
30 minutes \$90 or add to any facial \$30



HydraFacial MD® is a non-invasive, multistep treatment that combines the benefits of hydradermabrasion, a chemical peel, automated painless extractions (no pinching) and a special delivery of antioxidants, hyaluronic acid, and peptides. It does all of this in one quick treatment that delivers real results without downtime or irritation. Effectively help mitigate environmental damage, reduce fine lines and wrinkles, and plump and firm skin for long term results you can see and feel instantly.
45 minutes \$180 30 minutes Neck and Chest \$105
Add Lip or Eye Treatment \$50 includes take home products

add-ons to HydraFacial

DermaBuilder is a multi-peptide complex used to strengthen and firm to give you a youthful and refreshed look. Smooth and restore the health, vitality, and appearance of your skin. **1/2 Vial \$35**

Britenol complex helps diminish the appearance of brown spots, sun spots and hyperpigmentation. Balance and brighten your complexion.
\$35 spot treatment

New Hydra Glucan Booster: This booster is a cocktail of hyaluronic acid, glucan, and betaine; a natural moisturizer that occurs in plants. It is the perfect addition for adding extra hydration back to the skin. **\$75**

New Regen Growth Factor Booster: Contains a proprietary blend of next generation growth factor-mimicking peptides that boost production of collagen and elastin, treat inflammation, and accelerate skin repair. **\$85**

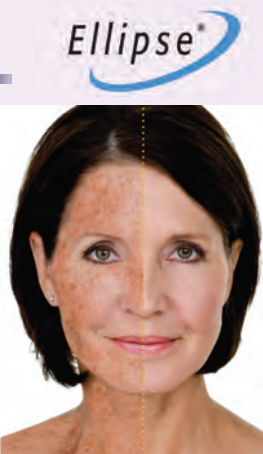
enhancements for facials

Revitalizing Lip Treatment
Soften the skin and restore plumpness to the lips. This treatment is excellent for dry, flaky lips.
\$30 eye and lip treatments together \$55

Soothing Eye Treatment
The eye area is bathed with antioxidants to reduce puffiness and dark circles, leaving eyes refreshed.
\$30 eye and lip treatments together \$55

laser treatments

Photo Facial
Blue Sage Spa uses the Ellipse laser to treat sun-damaged skin and remove age spots, uneven pigmentation, encourage collagen and diffuse redness. Improvement may show after just one treatment but up to three treatments is recommended to achieve the full effect, After treatment, avoid sun exposure and use SPF protection. Annual maintenance is suggested to keep a youthful appearance. Because of Ellipse's advanced technology, there is minimal discomfort.



Face 45 minutes \$300
Neck 30 minutes \$150
Décolleté 30 minutes \$250
Hands 15 minutes \$100

Laser Removal Of Unwanted Hair
Want a more permanent solution to hair removal? Blue Sage Spa offers Ellipse IPL equipment that safely and comfortably removes unwanted hair in locations such as the face, armpits, legs, back, and bikini areas for both men and women.

Upper lip/chin 15 minutes \$70
Basic bikini 30 minutes \$100
Brazilian bikini 30 minutes \$185
Full leg 90 minutes \$455
Half leg 60 minutes \$255
Full arm 45 minutes \$140
Under Arms 30 minutes \$100
Full back 60 minutes \$255
Chest 45 minutes \$140
Forearms 30 minutes \$105
French bikini 30 minutes \$140



oxygen therapy

Blue Sage Spa is now offering oxygen therapy that may help alleviate some altitude sickness, hangovers, and fatigue. Don't let the elevation get you down, breathe in the oxygen, and enjoy your vacation.
30 minutes \$35 add onto any service or walk in

body treatments & tanning

New Renewing Body Scrub
The fine texture of sugar offers a gentle yet thorough body exfoliation. Gently remove dead skin and leave behind a soft, supple and renewed you. After exfoliation, you will be taken to our steam showers. We then apply our rich body crème leaving you silky smooth and moisturized. Treat yourself and pair this treatment with a massage or facial!
60 minutes \$130



Detoxifying Mud Mask
Some of the world's most pristine and healing clays come from the Utah desert. This cosmetic grade mask for the body is powerfully detoxifying and an amazing anti inflammatory. It will leave you feeling reenergized and refreshed! To top this amazing treatment off, we apply the turquoise sage mountain arnica oil to target aches, pains, and soft tissue damage.
50 minutes \$130

Buff and Bronze
The therapist will exfoliate your body using our Renewing Body Scrub. You will be taken to our steam showers to steam for 15 minutes and wash off. The treatment is finished with the spray application of the Infinity Sunless Tanning Solution. You may select your level of tan.
60 minutes \$165

SunFX Sunless Tanning
SunFX is the healthy sunless tanning, offering perfect coverage for a fast, natural looking spray tan every time. SunFX all natural spray tan solutions are a unique combination of organic, natural and hypoallergenic ingredients that not only deliver the perfect spray tan but build, nourish, and hydrate the skin.
20 minutes \$50



finishing touches



Waxing
full leg and bikini **\$90** | full leg **\$65** | half leg **\$40**
bikini **\$35** | french bikini **\$55** | brazilian bikini **\$79**
back or chest **\$50** | arm **\$35** | underarm **\$25**
full face **\$50** | lip **\$15** | eyebrow **\$22**
lip & chin **\$25** | nose **\$15**

Tinting
brow **\$20** | eyelash **\$30** | eyelash & brow **\$45**